

Monday	Tuesday	Wednesday	Thursday	Friday	
CLIFFSIDE PARK SENIOR ACTIVITY CENTER 550 GORGE ROAD CLIFFSIDE PARK, NJ 07010201-943-3768		MAY 2012		 New Computer Class Tuesdays 2-3pm Signup!	 Caesar Casino May 21 st \$25 departs 9am \$20 & \$5 voucher
Free Spring Dinner Dances Apr. 25th & May 23rd 7-9:30pm 	1 8:30 Breakfast Buddies 10:00 Chorus w/ Joe Mule 12:30 ESL Class 1:00 Yoga 2:00 Computer Class Sausage & Peppers	2 8:30 Breakfast Buddies 10:30 Exercise Class 1:00 BINGO 1:20 Reading is Fundamental Salisbury Steak	3 8:30 Breakfast Buddies 10:45 EZ-Ride for Seniors 1:00 Art Class Hang Paintings @ Library Pot Roast	4 8:30 Breakfast Buddies 9:30 Palisades Center Mall 10:30 Exercise Class 1:00 BINGO Chicken Fajitas	
7 8:30 Breakfast Buddies 9:30-11 Blood Pressure Scrg. 10:00 Line Dancing 10:15 Walking 1:00 Mahjong / Wii Bowling Baked Ziti & Meatballs	8 8:30 Breakfast Buddies 10:30 <i>SECCIL Singers Choir</i> 12:30 ESL Class 1:00 Yoga 2:00 Computer Class Stuffed Peppers	9 8:30 Breakfast Buddies 10:30 Exercise Class 1:00 BINGO 1:20 Reading is Fundamental Crab Cake	10 8:30 Breakfast Buddies 1:00 Center Tea Party w/ Arbonne 1:00 Art Class Roast Chicken	11 8:30 Breakfast Buddies 9:30 Montclair Iris Garden & Bird Sanctuary 10:30 Exercise Class 1:00 BINGO Scrambled Eggs	
14 9-10 Mother's Day Pancake Breakfast 10:00 Line Dancing 10:15 Walking 1:00 Mahjong/ Wii Bowling Chicken Cordon Bleu	15 8:30 Breakfast Buddies 10:00 Chorus w/ Joe Mule 12:30 ESL Class 1:00 Yoga 2:00 Computer Class Pot Roast	16 8:30 Breakfast Buddies 10:30 Exercise Class 1:00 BINGO 1:20 Reading is Fundamental 4:00 Dinner & Movie ~Artist Lasagna Rolette & Meatballs	17 8:30 Breakfast Buddies 1:00 Art Class Seafood Salad Platter	18 8:30 Breakfast Buddies 9:00 Liberty Science Center 10:30 Exercise Class 1:00 BINGO Stuffed Cabbage	
21 8:30 Breakfast Buddies 9:00 Caesars Atlantic City 10:00 Line Dancing 10:15 Walking 1:00 Mahjong/ Wii Bowling Meat Loaf	22 8:30 Breakfast Buddies 9:30 Bergen Towne Center 10:00 Chorus w/Joe Mule 12:30 ESL Class 1:00 Yoga 2:00 Computer Class Lemon Chicken Quarter	23 8:30 Breakfast Buddies 10:30 Exercise Class 1:00 BINGO 1:20 Reading is Fundamental Potato Crusted Fish 7-9:30 Free Spring Dinner Dance	24 8:30 Breakfast Buddies 9-12 Health & Wellness Day Free Screenings Information Tables Give-Aways!!! Healthy Lunch	25 8:30 Breakfast Buddies 10:00 Wal-Mart & Dynasty 10:00 Exercise Class 1:00 BINGO Beef Frank & Beans	
28 CLOSURE FOR MEMORIAL DAY 	29 8:30 Breakfast Buddies 10:00 Chorus w/Joe Mule 12:30 ESL Class 1:00 Yoga 2:00 Computer Class Chicken Parmesan	30 8:30 Breakfast Buddies 10:30 Exercise Class 1:00 BINGO 1:20 Reading is Fundamental California Burger	31 8:30 Breakfast Buddies 10:30 Follow-ups with Speech & Hearing Assoc. 1:00 Art Class Roast Loin of Pork	CONTINENTAL BREAKFAST LUNCH SERVED 11:30 SUGGESTED DONATION \$1.25 ALL RESERVATIONS ARE REQUIRED THE DAY BEFORE by 12 noon CALLING(201)943-3768	

